



La Retraite

Roman Catholic 11-19 Girls' School

Atkins Road, Clapham Park, London SW12 0AB

Tel: 020 8673 5644 Fax: 020 8675 8577

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www.laretraite.lambeth.sch.uk

Head Teacher: Mr. D. Malins

23-11-2020

Dear Parents and Guardians,

Last week I wrote to you to let you know that we had been advised of 2 new confirmed cases of Covid in Yr 8 and Yr 12. We sent home one year 8 class on the advice of Public Health Lambeth.

Today I need to inform you that over the weekend we were informed of a new case in Yr 11 and we asked 18 pupils to isolate following that as they had been in close contact with the pupil. This morning we have been informed of 2 further new confirmed cases in Yr 11.

For this reason, this morning we told the whole of Yr 11 to isolate until Monday 7th December. We are continuing to monitor the situation and are following government guidance. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

The school remains open and providing your child remains well they can continue to attend school as normal. We will keep this under review.

Below follows advice from Public Health England.

What to do if your child develops symptoms of COVID 19:

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared.

All other household members who remain well must stay at home and not leave the house for 14 days.

The 14-day period starts from the day when the first person in the house became ill.



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Household members should not go to work, school or public areas and exercise should be taken within the home.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community.

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child or anyone in the household does develop symptoms, you can seek advice from NHS 111 at:

<https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19.

Hands

- Wash your hands regularly and for at least 20 seconds.



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Face

- Cover your face in enclosed spaces, especially where social distancing may be difficult and where you will come into contact with people you do not normally meet.
- It is now compulsory to wear cloth face coverings on public transport, shops and several other indoor settings.

Space

- Stay 2 metres apart where possible, or 1 metre with extra precautions in place.
- Keep your distance from people who are outside your household or support bubble.
- Limit social gatherings (including abiding by the 'rule of 6') and avoid crowded places.

Further Information

Further information is available at <https://www.gov.uk/coronavirus/education-and-childcare>

Yours faithfully,

Mrs L Thompson

Deputy Headteacher